

This is a **Sample** version of the

## The Lawton Instrumental Activities of Daily Living (IADL)

The **full version** of the IADL comes without 'sample' watermark

The full complete version includes –

- Overview Information
- Scoring instructions
- Complete Test/ Questionnaire

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# The Lawton Instrumental Activities of Daily Living (IADL)

**WHY:** The assessment of functional status is critical when caring for older adults. Normal aging changes, acute illness, worsening chronic illness, and hospitalization can contribute to a decline in the ability to perform tasks necessary to live independently in the community. The information from a functional assessment can provide objective data to assist with targeting individualized rehabilitation needs or to plan for specific in home services such as meal preparation, nursing care, home-maker services, personal care, or continuous supervision. A functional assessment can also assist the clinician to focus on the person's baseline capabilities, facilitating early recognition of changes that may signify a need either for additional resources or for a medical work-up (Gallo, 2006).

**BEST TOOL:** The Lawton Instrumental Activities of Daily Living Scale (IADL) is an appropriate instrument to assess independent living skills (Lawton & Brody, 1969). These skills are considered more complex than the basic activities of daily living as measured by the Katz Index of ADLs. The instrument is most useful for identifying how a person is functioning at the present time, and to identify improvement or deterioration over time. There are eight domains of function measured with the Lawton IADL scale. Women are scored on all 8 areas of function; historically, for men, the areas of food preparation, housekeeping, laundering are excluded. Clients are scored according to their highest level of functioning in that category. A summary score ranges from 0 (low function, dependent) to 8 (high function, independent) for women, and 0 through 5 for men.

## The Lawton Instrumental Activities of Daily Living (IADL) Scale

(circle appropriate answer)

### Ability to Use Telephone

1. Operates telephone on own initiative; looks up and dials numbers.....1
2. Dials a few well-known numbers.....1
3. Answers telephone, but does not dial.....1
4. Does not use telephone at all.....0

### Shopping

1. Takes care of all shopping needs independently.....1
2. Shops independently for small purchases .....0
3. Needs to be accompanied on any shopping trip .....0
4. Completely unable to shop .....0

**This is the end of the sample version of the IADL Scale. The full complete version comes with 8 sections of test criteria, complete overview information and complete scoring instructions.**

