

This is a **Sample** version of the  
**Patient Competency Rating  
Scale (PCRS)**

The **full version** of the Patient Competency Rating Scale (PCRS) comes without 'sample' watermark.

The full complete version includes –

- Overview information
- 2 part scoring scale
- Prt 1 – Patient Competency Rating (Patient's Form)
- Prt 2 – Patient Competency Rating (Clinician's Form)

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# Patient Competency Rating Scale (PCRS)

The Patient Competency Rating Scale (PCRS) was developed in the 1980s by George Prigatano, Ph.D. and colleagues at Presbyterian Hospital's Neuropsychological Rehabilitation Program (Prigatano and Others, 1986). The primary purpose of the PCRS is to evaluate self-awareness (the ability to appraise one's current strengths and weaknesses) following traumatic brain injury. The PCRS is a 30-item self-report instrument which asks the subject to use a 5-point Likert scale to rate his or her degree of difficulty in a variety of tasks and functions. The subject's responses are compared to those of a significant other (a relative or therapist) who rates the subject on the identical items. Impaired self-awareness may be inferred from discrepancies between the two ratings, such that the subject overestimates his/ her abilities compared to the other informant. Awareness of deficit may also be examined separately for the various domains sampled by PCRS items. These include activities of daily living, behavioural and emotional function, cognitive abilities, and physical function.

## Patient Competency Rating (Patient's Form)

Source: Prigatano, G. P. and Others (1986). Neuropsychological Rehabilitation After Brain Injury. Baltimore: Johns Hopkins University Press.

### Identifying Information

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Instructions

The following is a questionnaire that asks you to judge your ability to do a variety of very practical skills. Some of the questions may not apply directly to things you often do, but you are asked to complete each question as if it were something you "had to do." On each question, you should judge how easy or difficult a particular activity is for you and mark the appropriate space.

## Competency Rating

1	2	3	4	5
Can't do	Very difficult to do	Can do with some difficulty	Fairly easy to do	Can do with ease

- \_\_\_\_\_ 1. How much of a problem do I have in preparing my own meals?
- \_\_\_\_\_ 2. How much of a problem do I have in dressing myself?
- \_\_\_\_\_ 3. How much of a problem do I have in taking care of my personal hygiene?
- \_\_\_\_\_ 4. How much of a problem do I have in washing the dishes?
- \_\_\_\_\_ 5. How much of a problem do I have in doing the laundry?
- \_\_\_\_\_ 6. How much of a problem do I have in taking care of my finances?
- \_\_\_\_\_ 7. How much of a problem do I have in keeping appointments on time?
- \_\_\_\_\_ 8. How much of a problem do I have in starting conversation in a group?
- \_\_\_\_\_ 9. How much of a problem do I have in staying involved in work activities even when bored or tired?
- \_\_\_\_\_ 10. How much of a problem do I have in remembering what I had for dinner last night?
- \_\_\_\_\_ 11. How much of a problem do I have in remembering names of people I see often?
- \_\_\_\_\_ 12. How much of a problem do I have in remembering my daily schedule?
- \_\_\_\_\_ 13. How much of a problem do I have in remembering important things I must do?
- \_\_\_\_\_ 14. How much of a problem would I have driving a car if I had to?
- \_\_\_\_\_ 15. How much of a problem do I have in getting help when I'm confused?

**This is the end of the sample version of the PCRS. Full version includes 2 part 30 item questionnaires.**