This is a **Sample** version of the **Leeds Dyspepsia Questionnaire-Short Form (LDQ-SF)**

The **full version** of Leeds Dyspepsia Questionnaire -Short Form (LDQ-SF) comes without ‘sample’ watermark.

**The full complete version includes** –

- LDQ-SF Overview information
- LDQ-SF Scoring/ Administration instructions
- LDQ-SF Complete Questionnaire/Assessment
- LDQ-SF Clinical Validity
- Dyspepsia Clinical Handbook (285 pages)

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# Dyspepsia Clinical Handbook

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SUMMARY

Background
Assessment of symptoms should be the primary outcome measure in dyspepsia clinical trials. This requires a reliable, valid and responsive questionnaire that measures the frequency and severity of dyspepsia. The Leeds Dyspepsia Questionnaire fulfils these characteristics, but is long and was not designed for self-completion, so a shorter questionnaire was developed (the Short-Form Leeds Dyspepsia Questionnaire).

Aim
To assess the acceptability, interpretability, internal consistency, reliability, validity and responsiveness of the Short-Form Leeds Dyspepsia Questionnaire in primary and secondary care.

Methods
Unselected primary and secondary care patients completed the Short-Form Leeds Dyspepsia Questionnaire. Test–retest reliability was assessed after 2 days. Validity was measured by comparison with general practitioners’ diagnosis. Sensitivity analysis and logistic regression were employed to determine the most valid scoring system. Responsiveness was determined before and after treatment for endoscopically proven disease.

Results
The Short-Form Leeds Dyspepsia Questionnaire was administered to 388 primary care and 204 secondary care patients. The Pearson coefficient for test–retest reliability was 0.93. The Short-Form Leeds Dyspepsia Questionnaire had a sensitivity of 77% and a specificity of 75%. A highly significant response to change was observed ($P < 0.005$).

Conclusions
The Short-Form Leeds Dyspepsia Questionnaire is a reliable, valid and responsive self-completed outcome measure for quantifying the frequency and severity of dyspepsia symptoms, which is shorter and more convenient than the Leeds Dyspepsia Questionnaire.
Short-Form Leeds Dyspepsia Questionnaire (SF-LDQ)

Scoring & administration.

Dyspepsia is not a disease but rather a symptom, or more usually, a symptom complex that is common, affecting up to 29% of people in the community, in some surveys. Dyspepsia is “a symptom complex of epigastric pain or discomfort thought to originate in the upper gastrointestinal tract, and it may include any of the following symptoms: heartburn, acid regurgitation, excessive burping/belching, increased abdominal bloating, nausea, feeling of abnormal or slow digestion, or early satiety”.

Scoring:

This is the end of the SAMPLE LDQ-SF scoring instructions. Please return to page 1 to purchase complete version.
Short-Form Leeds Dyspepsia Questionnaire (SF-LDQ)

Short-Form Leeds Dyspepsia Questionnaire (SF-LDQ) contains 4 questions plus 1 single question concerning the most troublesome symptom experienced by the patient.

Fill out the below form based on your symptoms within the last 2 months.

<table>
<thead>
<tr>
<th>Please answer both parts of each question</th>
<th>How often have you <em>had</em> this symptom over the last 2 months?</th>
<th>How often has this symptom interfered with your normal activities (eating, sleeping, work, leisure) over the last 2 months?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient ID:</td>
<td>Ticks only one box per question.</td>
<td>Ticks only one box per question.</td>
</tr>
<tr>
<td>Date:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Indigestion</td>
<td>Not at all</td>
<td>Not at all</td>
</tr>
<tr>
<td>Indigestion is a pain or discomfort in the upper abdomen.</td>
<td>Less than once a month</td>
<td>Less than once a month</td>
</tr>
<tr>
<td></td>
<td>Between once a month and once a week</td>
<td>Between once a month and once a week</td>
</tr>
<tr>
<td></td>
<td>Between once a week and once a day</td>
<td>Between once a week and once a day</td>
</tr>
<tr>
<td></td>
<td>Once a day or more</td>
<td>Once a day or more</td>
</tr>
</tbody>
</table>

This is the end of the SAMPLE LDQ-SF questionnaire. Please return to page 1 to purchase complete version.